

January 2026 | Highlands at Wildwood Lake

HIGHLANDS

Happenings



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UPCOMING SPOTLIGHT EVENTS



Essential Oils Workshop

WEDNESDAY, JANUARY 7TH AT 2:00 PM | COMMUNITY ROOM

The New Year often brings resolutions for good health. Join Ramona, from Wildwood Highlands, and smell some wonderful natural scents, have fun, and learn how essential oils could benefit you.

This event is free. RSVP by Monday, January 5th



January Movie Mingle

FRIDAY, JANUARY 9TH & 23RD AT 2:00 PM | MOVIE THEATER

Movie #1 - Superman (2025): Superman struggles to unite his Kyrptonian past with humanity while facing global threats. **Movie #2 - The Life List:** A woman pursues her childhood dreams again, only to find the journey unfolds in unsuspecting ways.

This event is free. RSVP by Thursday, January 8th (Movie #1) & 22nd (Movie #2)



Breakfast for Dinner

FRIDAY, JANUARY 16TH AT 4:00 PM | COMMUNITY ROOM

Join us for a cozy Breakfast for Dinner night! Wear your comfiest PJ's (or regular clothes) and head on down for a delicious spread catered by Apple Spice with scrambled eggs, bacon, sausage, hash browns, muffins, fruit, juices, mimosas, and coffee. Don't forget your slippers! **\$18 per persons. RSVP by Thursday, January 8th**



Midwinter Melodies & Cocoa

MONDAY, JANUARY 19TH AT 2:00 PM | COMMUNITY ROOM

Swing on down to our Community Room for an afternoon with singer David Drake, sharing warm and familiar folk songs that are sure to cure cabin fever. Enjoy a cozy hot cocoa bar filled with classic toppings, from fluffy marshmallows to sweet whipped cream.

\$7 per person. RSVP by Monday, January 12th



3rd Annual Chili Cook-off

WEDNESDAY, JANUARY 28TH AT 1:00 PM | COMMUNITY ROOM

Join our 3rd annual chili cook-off and put your chili to the test! If cooking isn't your thing, come taste different chili and cast your vote. 1st place wins a trophy and a book of Highlands Dollars. To enter the cook-off, you **MUST** call the Resident Services Office to RSVP by January 19th. **This event is free. RSVP by Tuesday, January 20th**

PAST ACTIVITIES & RECREATIONAL EVENTS



*We look forward to having you join us!
For a complete list of activities and events taking place
this month at the Highlands, visit our Activity Calendar on pages 6-7.*

RESIDENT REMINDERS



January, the first month of the year. A perfect time to start all over again. Changing energies and deserting old moods. New beginnings, new attitudes.

-Charmaine J Forde

Congratulations!

Who won \$100?



This month's winners of our \$100 lease renewal drawing are Frank & Debbie T.



Snowplow Awareness

Be watchful of snowplows when it snows. If you have a car parked in the lot, please try and move it so the plow can clear the entire lot. The weather has been very unpredictable this season and we thank you for being patient.

Common Area Temperatures

Community Room & Library temps are set to 72°-74° and hallway temps are set to 70°. Please contact the Resident Services Office if you notice any problems.

Doors

You may have noticed, the change in Wisconsin weather temperatures can often times impact the operation of the automatic doors and the mechanism used to properly close them. We kindly request that you take some extra time to ensure that all doors close behind you when entering and leaving the building. Your cooperation is greatly appreciated.

Activity & Upcoming Events Sign Up Sheet

THE MORE THE MERRIER! PLEASE JOIN US!

We love to see our residents participating in the many activities offered at our community. Be sure to sign up for the event you wish to attend using the Sign Up Sheet provided in this newsletter. Our calendar will list all of the events and many of them will be featured as Spotlight Events in this newsletter as well. Attend them ALL, or simply select your favorites! We look forward to seeing you at the upcoming activities and events this month.

Slow Down You're Moving Too Fast

FRIENDLY REMINDERS FOR DRIVERS IN OUR COMMUNITY

Patience is a virtue and in a parking lot and on the roads that connect our community buildings, that virtue can be tested. That patience, however, can preserve damages to your car, to other's cars, surrounding landscape, and the likelihood of injury to pedestrians. Please take things slow when driving in/out and around our community and parking lots. If you see someone speeding in the parking lot or surrounding areas of our community, please let the office know by providing a description to the best of your ability of the make/model and color of the speeding vehicle.

Please also remember that the garage doors are set for sufficient time for one vehicle to pass through. We are not responsible for any damage to cars that "piggyback" each other to enter or exit the underground parking garage.

While driving in the underground parking garage, please be aware and on the lookout for residents who may be walking in the garage to/from their cars as well as those around the waste receptacle area/recycling and trash.

Do's and Don'ts of Recycling

FRIENDLY REMINDERS FROM WASTE MANAGEMENT

DO recycle all empty plastic bottles, cans, paper and cardboard.

DO keep foods and liquids out of recycling.

DO keep plastic bags out of recycling.

DON'T plastic bag your recyclables - plastic bags and film get tangled in the machinery.

DON'T include food-soiled items. They can turn an entire load of recycling into trash.

DON'T add sharp or dangerous materials like needles and electronics - these can cause injury to recycling workers.

DON'T toss in "tangles" like rubber hoses and wires. These can shut down an entire recycling center.

DON'T include bulky items like propane tanks or construction debris.

DON'T leave the lid partially open. This will require an extra pick up charge.



Resource Center

DID YOU KNOW WE HAVE A RESOURCE CENTER?

Our Resource Center is located in the Library and contains information from various service providers who cater to the needs of those 55 and better. Enjoy information on cleaning services, home health care services, restaurant menus, coupons and more!

Check out the resources available to you today!



Don't wait for the perfect moment. Take the moment and make it perfect.

Zoey Sayward



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1 style="margin: 0;">JANUARY 2026 ACTIVITY & EVENTS CALENDAR</h1>						
				1 NEW YEAR'S DAY Office Closed	2 9 am Donut Day 11 am Orange Shoe 7 pm Social Hour	3 1:30 pm Board Games National Mind-Body Wellness Day
4	5	6	7	8	9	10
1 pm Hand & Foot Packers vs. Vikings Time TBD	1 pm Games & Crafts 6:30 pm Poker Pest Control Services	9 am Exercise 11 am Coffee Crew 6:30 pm Sheepshead & Bible Study	1 pm Card Games 2 pm Essential Oils Workshop 4 pm Social Hour 6:30 pm 3/13 Rummy	9 am Exercise 1 pm Rummikub & Sheepshead	11 am Orange Shoe 2 pm Jan. Movie Mingle 7 pm Social Hour & Wii Games	1:30 pm Board Games NFL Playoffs Wild Card Round Games at 3:30 & 7 PM
11	12	13	14	15	16	17
1 pm Hand & Foot NFL Playoffs Wild Card Round Games at 12, 3:30 & 7 PM	1 pm Games & Crafts 6:30 pm Poker	9 am Exercise 6:30 pm Sheepshead & Bible Study	1 pm Card Games 2 pm Community Crafts 4 pm Social Hour 6:30 pm 3/13 Rummy	9 am Exercise 1 pm Rummikub & Sheepshead	11 am Orange Shoe 4 pm Breakfast for Dinner 7 pm Social Hour	1:30 pm Board Games NFL Playoffs Divisional Round Games at 3:30 & 7:15 PM
18	19	20	21	22	23	24
10 am Inspiration Service 1 pm Hand & Foot NFL Playoffs Divisional Round Games at 2 & 5:30 PM	Martin Luther King Jr Day 1 pm Games & Crafts 2 pm Midwinter Melodies & Cocoa 6:30 pm Poker Monthly Fire Alarm Testing	9 am Exercise 2 pm Bingo 6:30 pm Sheepshead & Bible Study Birthday Treat Delivery Day	1 pm Card Games 2 pm Community Crafts 4 pm Social Hour 6:30 pm 3/13 Rummy	9 am Exercise 1 pm Rummikub & Sheepshead	11 am Orange Shoe 2 pm Jan. Movie Mingle 7 pm Social Hour & Wii Games	1:30 pm Board Games National Compliment Day
25	26	27	28	29	30	31
1 pm Hand & Foot NFL Conference Championship 5:30 PM	1 pm Games & Crafts 4 pm Happy Hour 6:30 pm Poker	9 am Exercise 6:30 pm Sheepshead & Bible Study	12 pm Chili Cookoff 2 pm Community Crafts 4 pm Social Hour 6:30 pm 3/13 Rummy	9 am Exercise 1 pm Rummikub & Sheepshead	11 am Orange Shoe 7 pm Social Hour	1:30 pm Board Games National Hot Chocolate Day

JUST FOR FUN



To appreciate the beauty of a snowflake it is necessary to stand out in the cold.

-Aristotle



WHAT'S COOKING

White Chicken Chili

This white chicken chili is full of flavor and ideal for a quick, hearty meal—especially on a cold winter night. And the best part is that it comes together easily in one pot and also freezes well, making it a great option for meal prep or leftovers.



Fun Facts About New Year's Resolutions

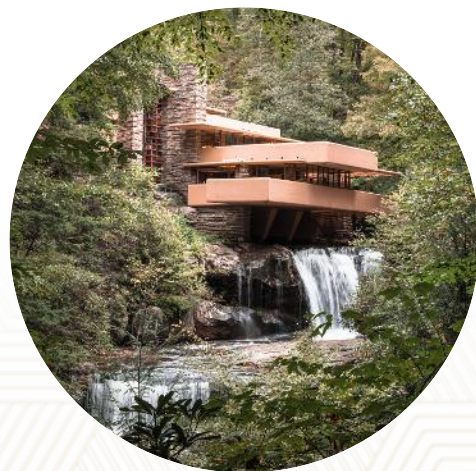
The tradition of New Year's resolutions dates back over 4,000 years to the ancient Babylonians. During a 12-day festival called Akitu, they made promises to their gods to pay debts and return borrowed items—early versions of resolutions!

The Romans later adopted similar practices, offering resolutions to Janus, the two-faced god of beginnings. Today, while fitness goals top most lists, only about 9% of people actually stick to their resolutions. Still, the hope of a fresh start keeps the tradition alive



Back Then In History

On January 17, 1867, Frank Lloyd Wright was born in Richland Center, Wisconsin. Widely considered one of America's most influential architects, Wright pioneered the Prairie School movement and designed iconic buildings like Taliesin in Spring Green. His philosophy of organic architecture emphasized harmony between human spaces and nature. Wright's legacy continues to inspire architects around the world, with more than a dozen of his structures still standing throughout Wisconsin.



Top Ten

COZY THINGS TO DO INDOORS DURING COLD WINTER MONTHS

Staying in can be just as enjoyable as going out, especially when it's January in Wisconsin. Check out these Top 10 cozy things to do inside the comfort of your own home.

1. Read a new book
2. Make hot cocoa
3. Try a new recipe
4. Do a puzzle
5. Stream a movie
6. Light a candle
7. Listen to calming music
8. Knit or crochet
9. Organize a drawer
10. Start journaling

Stay warm!

INGREDIENTS

- 1 tablespoon olive oil
- 3 skinless, boneless chicken breast halves
- 1 large onion, chopped
- 2 cloves garlic, minced
- 5 ¼ cups chicken broth
- 3 (15 oz) cans cannellini beans, rinsed
- 2 (4 oz) cans chopped green chiles
- 1 tablespoon dried oregano
- 1 teaspoon ground cumin
- 2 pinches cayenne pepper (or to taste)
- ¼ cup chopped fresh cilantro (or to taste)
- ½ cup shredded Monterey Jack cheese
- Salt to taste

STEP 1: In a dutch oven, heat olive oil over medium heat. Saute chicken, onion, and garlic until chicken is lightly browned, about 5 minutes.

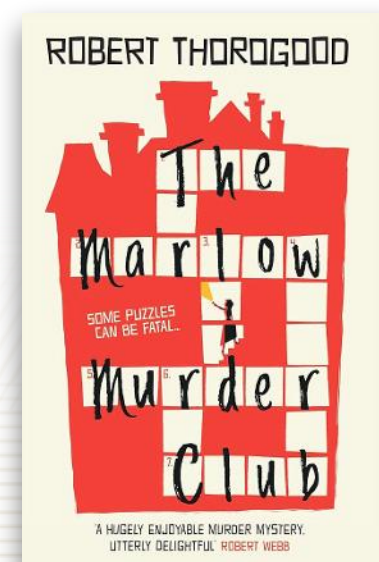
STEP 2: Transfer chicken to a cutting board and cut into bite-sized chunks. Return to pot.

STEP 3: Add broth, beans, chiles, oregano, cumin, and cayenne. Simmer 30-40 minutes.

STEP 4: To serve, place cilantro in bowls, ladle chili over, and top with cheese and salt to taste.

Source: Allrecipes.com

Warm up with chili!



Shelf Indulgence

THIS MONTH'S BOOK RECOMMENDATION

The Marlow Murder Club by Robert Thorogood

When 77-year-old Judith Potts spots something suspicious from her riverside home, she stumbles into a real murder mystery—and decides to solve it herself. Teaming up with two unlikely new friends, Judith forms an amateur sleuthing trio in the sleepy English town of Marlow. Witty, charming, and full of cozy intrigue, this book is a fun and clever read perfect for spring afternoons. Fans of light mysteries and lovable eccentrics will be hooked.

CONTACT INFORMATION



Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



Main Office

Mon - Fri, 10:00am - 4:00pm
Phone: (262) 447-8737
Fax: (262) 251-3330

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MAINTENANCE TEAM
Joel Roskopf

HOUSEKEEPING TEAM
Sandra Chatmon

Community Engagement Coordinators

Annette Springer

Your Feedback is Important To Us TELL US WHAT YOU THINK

Our team works hard to ensure that your expectations are not only met, but exceeded. We send general feedback surveys when the following touch points take place:

Following your move in

Completion of a maintenance request

At lease renewal

Following a move out

Your feedback is extremely important to us and we appreciate your kind words and recognition of our team members and services. We also appreciate when you take the time to tell us where we may have fallen short so that we have an opportunity to improve.

Our community is only as good as our residents' satisfaction and we appreciate you taking the time to share your feedback with us.

Onsite Services

Salon

Thur, 9am - 3pm
Fri, 9am - 1pm
Every other Wednesday, 9am - 1pm
Phone: (414) 687-4873

STYLIST

Becky
Credit cards not accepted

Hearing Aid Service

Call to schedule an appointment
Technician - Margie Roman
Phone: (414) 315-3149
Many services are performed free of charge.

Health Markets

COMMUNITY ROOM
2nd Wednesday of each month, 9:30am - 10:30am

Insurance Rep: Dave Keddie
Phone: (262) 424-1498
Q&A session for Medicare and insurance related issues. Call for a one on one appointment.

Podiatry Service

IN APARTMENT
By appointment only
Call to schedule an appointment in-home with Dr. Trejo
Phone: 414-483-5566
(Insurance can be billed)

Local Services

Spectrum Cable

HOTLINE
(833) 697-7328

WILDWOOD LAKE ACCOUNT

#8348 10 200 0214229

WE Energies

HOTLINE
(800) 242-9137

Johnson Bus

HOTLINE
(262) 251-4230

City Government

PHONE
(262) 255-8300

Thank you to our Community Engagement Coordinators for all you do to keep our community running smoothly.

We want to hear from you!

CHECK IT OUT

Community Newsletters Online HIGHLANDS HAPPENINGS

You can view this edition of your Highlands Happenings newsletter and newsletters from our other Highlands Communities simply by visiting their respective websites. Each website has a "Newsletter" page where you'll find current and archived newsletters. Start reading online today!



Help Us To Better Help You RESIDENT SERVICES OFFICE VISITS

To ensure we can address your needs promptly and thoroughly, we kindly ask for your support in two ways:

For in-person visits:

- Please schedule an appointment whenever possible.
- If visiting without an appointment, limit conversations to 5 minutes or less for non-urgent matters.

For non-urgent questions:

- Submit detailed requests via email or voicemail. This helps us respond efficiently and identify common topics for future resources.

These steps allow our team to dedicate focused attention to walk-ins and appointments while managing essential behind-the-scenes tasks that benefit our entire community.

Thank you for partnering with us to enhance service for all residents.

*We appreciate your understanding
and cooperation!*

Arden Property Group Portfolio of Communities HIGHLANDS COMMUNITIES AND PARAGON PLACE PROPERTIES

Interested in learning more about other communities in our portfolio? Visit our website at ArdenPropertyGroup.com.

Know someone who may be interested in moving to the Highlands Communities or Paragon Place Properties, refer them to any of the properties in our portfolio to earn a Refer A Friend bonus.

Highlands Communities 55+:

Brookfield	Appleton
Menomonee Falls	Neenah
Mequon	De Pere
New Berlin	Winneconne
Franklin	Weston

Paragon Place Properties:

Madison
Middleton

We appreciate your referrals and look forward to meeting your friends & family!